



CSCA BOARD OF DIRECTOR NOMINATION FORM

Our Vision

The CSCA is an organization that elevates our profession. We create and promote standards of practice for S&C coaches that can be utilized throughout their professional careers and guide the hiring practices of employers in the public and private sectors.

Our Mission

To facilitate collaboration and aid the professional growth of strength & conditioning coaches in Canada.

Our Success

Key to the success of our association is the invaluable support from you. The CSCA will sustain and thrive because you are able to share your time and experiences.

I (print/type name) _____ confirm my nomination for the CSCA Board of Directors.

Email address	
Phone number	
Board or Advisory Team Member in support of your nomination	1)
	2)

Please state why you would like to become a member of the CSCA Board of Directors in the space provided	

Signature _____ (electronic signature accepted)

Province _____ Date _____

Please include your resume with your nomination form

Please send your form to info@canadianstrengthca.com or directly to a serving Director if preferred, a minimum of twenty-one (21) days prior to the AGM.



CSCA BYLAWS EXCERPT

ARTICLE V. GOVERNANCE

Section 5.01 Composition of the Board of Directors

Unless changed by resolution of the Members, the number of Directors shall be a maximum of seven (7) and a minimum of three (3).

At the first convening of the Board of Directors following an AGM, their first order of business shall be to appoint officers from the elected board members. It is feasible for a Director to service two portfolios.

The Directors will appoint Officers in the following portfolios;

- a) President
- b) Vice-President
- c) Secretary
- d) Treasurer

The remaining Directors, if greater than four (4) Directors, shall serve in the roll of Directors-at-large.

Members not elected to serve as Director may serve in the following roles (Board appointed):

- a. Advisory Team
- b. Regional Officials
- c. Special Committees

The above listed positions will be annual appointments, identified by self nomination, or as a result of being nominated by a fellow Member, and approved by the Board of Directors.

A governance organization list will be provided on the web site, with a detail overview available to all registered members upon request.

Section 5.02 Duties of the Board of Directors

Except as otherwise provided in the Act, the Constitution or these By-laws, the Board of Directors has the duties of the Corporation and may delegate any of its duties, powers, and functions.

Section 5.03 Managing the Affairs of the Corporation

The Board of Directors shall manage the affairs of the Canadian Strength and Conditioning Association in accordance with the Act, the Constitution and these By-laws to carry out the objects and purposes of the Corporation.



Section 5.04 Eligibility of Directors

Must be Active Members in good standing who are 18 years of age or older, with greater than ten (10) years of service to the strength and conditioning industry, who have contributed to the CSCA, who have the authority to contract, are a resident of Canada, are not undischarged bankrupts, have not been convicted of any criminal offence, and who otherwise fulfill all the requirements of the Act for serving as a Director may be nominated (self or other) for election or appointed as a Director.

Section 5.05 Nomination of Directors

A nomination for election or appointment as a Director shall be in writing and shall:

- a. Be signed by the nominator (self or other), who shall be any Member in good standing (email acceptable);
- b. Include the written consent of nominee (nomination form); and
- c. Be submitted to the Board of Directors at least twenty-one (21) days prior to the Annual General Meeting for verification of status.

Section 5.06 Election and Appointment of Directors

The election of Directors shall take place as follows:

- a. Directors shall alternate, up to four (4) will be elected during even numbered years and up to three (3) elected during odd numbered years, ensuring an overlap of serving directors.
- b. Directors may serve no longer than two (2) consecutive terms.
- c. The position of Past-President shall be assumed by the out-going President upon appointment of the in-coming President;
- d. If limited nominations are received for Director, a nominee shall be elected by acclamation upon approval of the Board.

Section 5.07 Length of Term of Directors

Directors shall serve until their successors have been duly elected or appointed and installed. Terms of office for each type of Director shall be as follows:

- a. A full term shall be considered two (2) years.
- b. The Past-President shall not serve more than one (1) term and all other Directors shall not serve more than two (2) consecutive terms in the same Director's portfolio.

A special resolution, passed by a majority of greater than 50% of Members, may extend the term of office for any Director or Officer, provided that extension is a one-time extension, is limited to one (1) term, and it is in the best interests of the Canadian Strength and Conditioning Association.